Organic Cookbook: Making the Most of Fresh and Seasonal Produce, 2008, 224 pages, Ysanne Spevack, 0754818640, 9780754818649, Anness Publishing, 2008

- A comprehensive guide to eating organically, and how to select the best produce and make the most of local ingredients.- Recipes follow the changing pattern of the seasons with chapters on Spring, Summer, Autumn, and Winter, each presenting a wealth of recipes for every type of meal, from starters and appetizers to main courses and desserts.- With 150 fantastic flavor-filled recipes the many highlights include Marinated Salmon with Avocado Salad, Winter Farmhouse Soup, Roast Chicken with Mediterranean Vegetables, Fillets of Brill in Red Wine, and Fragrant Fruit Salad.

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